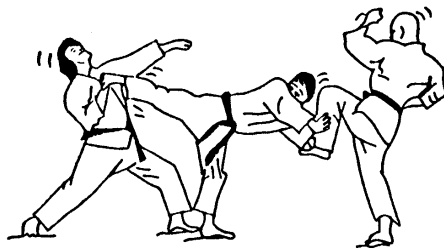


**JMAC**  
**(Japanese Martial Arts Commission)**  
**Karate Training Course**

**With**

**M. Shiomitsu Chief Instructor Wado Academy**  
**K. Tomiyama Chief Instructor Shito Ryu**



This is a four-hour training session with two hours devoted to each style. It is an invaluable source of information for students wishing to improve and develop their own proficiency.

**SUNDAY 14th OCTOBER 2012**

**Newtown Community Centre,  
Newbury Road,  
Newtown,  
Birmingham  
B19 2SW  
(Venue TBC)**

**Time: 12.30pm – 4.30pm (TBC)      Adult £22 Junior £11 (TBC)**

Explanations, demonstrations, practise and technical interpretation of **Wado Ryu** and **Shito Ryu** techniques with the Chief Instructors of both organisations.

For further details please contact Riaz tel: 07773 76995€  
email: riaz279@hotmail.com  
or Maya tel: 020 8543 1888, fax 020 8540 3958  
e-mail: info@wadoacademy.com



®